NUR 473

Shaqra University

College of Applied Medical Sciences, Shaqra

Department of Nursing

Course Syllabus

First Semester 2024/1446

I. Course Number and Title: Psychiatric and Mental Health Nursing/ theory (NUR 473)

II.

Course Credit: 3

Level/year at which this course is offered: Level 7

Course Description:

Introduce the students to the concepts of mental health and mental illness. Emphasize the role of the nurse within the multidisciplinary team in caring for the psychotic and neurotic individuals. additionally, to developing students' interpersonal skills and equip them with basic concepts, knowledge, skills, and attitudes related to psychiatric nursing to be able to provide psychiatric nursing intervention to individual, family and community in health and illness competently and ethically.

Course Main Objectives:

The main objective of this course is to provide nursing students with a deeper understanding of the modern approach to mental health, identification, prevention and nursing management of common mental health problems with special emphasis on therapeutic interventions for individuals, family and community.

Classroom:

According to lecture schedule

Teaching Staff

- Dr. Glenn

Office: Main campus- College of Applied Medical Sciences, Shaqra

Email: gvaldez@su.edu.sa

- Dr. Mona Hamdy Mostafa

Office: 1st floor, College of Applied Medical Sciences, Shaqra

Office Hours: Sunday from 12-2 pm

Email: m.mohammad@su.edu.sa

Course Contents

No	List of Topics	Contact Hours
1.	Introduction of the course	3
2.	Concept of mental health and mental illness	3
3.	History of psychiatry and psychiatric nursing Legal and ethical issues in psychiatric nursing	3
4.	Nurse-patient relationship	3
5.	Psychiatric symptomatology	3
6.	Neurobiology	3
7.	**Midterm Exam**	3
8.	Chemical treatment	
9.	Principles of psychiatric nursing	3
10.	Schizophrenia	3
11.	Mood disorder **Quiz**	3
12.	Personality disorders	3
13.	Child Psychiatry	3
14.	Psychotherapy	3
15.	Drug addiction	3
16.	Presentation & Revision	3
17.	**Final written Exam**	
Total		**45**

Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	**Midterm Exam**	**7th -8th**	**25%**
2.	**Quiz**	**11th**	**10%**

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
3.	**Assignment and oral presentation**	**12-14th**	**10%**
4.	**Homework**	**Throughout the term**	**10%**
4.	**Participation**	**Throughout the term**	**5%**
5.	**Final Exam**	**End of semester**	**40%**

Midterm Exam: There will be one midterm exam throughout the semester and two quiz. Each exam will cover the content discussed before the time of exam and weight 25 % and 10% respectively of the overall course assessment.

Written assignment and presentation: Each student (or group of students) will prepare a specific topic that will be determined later.

Final Exam: At the end of the semester there will be an exam that will cover all content discussed throughout the course.

Grading Policy: The table below shows the grading policy as indicated by Shaqra University

The percentage Degree	Grade Symbol	Rated weight of 5	Grade
95-100	A+	5.0	Exceptional
90-94	A	4.75	Excellent
85-89	B+	4.5	Superior
80-84	B	4.0	Very Good
75-79	C+	3.5	Above Average
70-74	C	3.0	Good
65-69	D+	2.5	High Pass
60-64	D	2.0	Pass
Below60	F	0.0	Fail

Required Texts

Essential References	• Stuart, G.,& Laraia, M.(2020). Principles and practice of psychiatric Nursing, 10th ed., Mosby, London
Supportive References	• Videbeck, L. (2019). Psychiatric-mental health nursing. 8thEdition. Lippincott Williams & Wilkins. Shives R.,(2019). Basic concepts of

	psychiatric-mental health Nursing.7th ed, Lippincott Company, New York • Schultz, J.M., &Beck, L.S.(2020).Manual of psychiatric Nursing care plans.8th ed., Lippincott Company, New York
Electronic Materials	• Shaqra University E-Learning Platform: • https://lms.su.edu.sa/login/index.php • Saudi Digital Library: • https://www.sdl.edu.sa/SDLPortal/Publishers.aspx • http://www.cpaapc.org:8080/Publications/Archives/PDF/1997/NOV/BLAND.PDF • http://www.healthyminds.org/multimedia/ptsd.pdf • http://www.cogprints.org/4345/1/Autism&Psychopathology.pdf • http://www.cpaapc.org:8080/Publications/Archives/PDF/1997/Sep/BLAND.PDF
Other Learning Materials	• Stuart, G.,& Laraia, M.(2020). Principles and practice of psychiatric Nursing, 10th ed., Mosby, London

ACADEMIC HONESTY POLICY

Since the integrity of the academic enterprise of any institution of higher education requires honesty in scholarship and research, academic honesty is required of all students at Shaqra University. Academic dishonesty is prohibited in all programs of the University. Academic dishonesty includes but is not limited to: cheating, fabrication, plagiarism, and facilitating dishonesty. Appropriate sanctions may be imposed on any student who has committed an act of academic dishonesty. Instructors should take reasonable steps to address academic misconduct. Any person who has reason to believe that a student has committed academic dishonesty should bring such information to the attention of the appropriate course instructor as soon as possible. Instances of academic dishonesty not related to a specific course should be brought to the attention of the appropriate department Head or Chair. Since students are expected to be familiar with this policy and the commonly accepted standards of academic integrity, ignorance of such standards is not normally sufficient evidence of lack of intent.

I wish you all the best in this course and your study

DR. Mona Hamdy